Meet Schedule

As directed in the 2019 Rules Book

Girls than Boys

Order of events

4 x 800 m Relay

100 m Hurdles

110m Hurdles

100m Dash

4 x 200 m Relay

1600 m Run

4 x 100 m Relay

400 m Dash

300 m Intermediate Hurdles

800 m Run

200 m Dash

3200 m Run

4 x 400 m Relay

Field Events

Discus

Shot Put

Javelin

Pole Vault

Long Jump

High Jump